

Radno vrijeme:
Pon- Pet: 8h do 22h
Sub: 8h do 20h
Ned: 10h – 13h

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RASPORED GRUPNIH PROGRAMA

DVORANA 1

SAT	PON	UTO	SRI	ČET	PET	SUB
9 – 9:55	KRALJEŽNICA			KRALJEŽNICA		
18 - 18:55		JOGA		JOGA		
19 - 19:30	NOGE – GUZA TRBUH – LEĐA	KRALJEŽNICA	NOGE – GUZA TRBUH – LEĐA	KRALJEŽNICA	NOGE – GUZA TRBUH – LEĐA	
19:30 – 19:55						
20 - 20:55	PILATES	STRONG BY ZUMBA	PILATES	STRONG BY ZUMBA		
21 – 21:55	AIR MIX			AIR MIX		

DVORANA 2

SAT	PON	UTO	SRI	ČET	PET	SUB
7 – 7:55	AAA – 7 ALL AROUND APPROACH		AAA – 7 ALL AROUND APPROACH		AAA – 7 ALL AROUND APPROACH	
9 – 9:55	PILATES	HIIT	PILATES	HIIT	PILATES	
18 - 18:55	BOX	TRX	BOX	TRX		
19 – 19:55	FAT BURN SPINNING	PILATES	FAT BURN SPINNING	PILATES		
20 - 20:55	IRON CONDITION	BODY MIX	IRON CONDITION	BODY MIX	IRON CONDITION	

CROSS

SAT	PON	UTO	SRI	ČET	PET	SUB
19-19:55	CROSS OF I	FUNKCIONALNI TRENING	CROSS OF I	FUNKCIONALNI TRENING		
20 - 20:55	CROSS OF II		CROSS OF II		CROSS OF II	